

Department Of Kayachikitsa Presented by Unnikrishnan S 3rd Prof BAMS 2005 Batch

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Introduction

- The references of <u>अष्टस्थान परीक्ष</u> will be available in yoga ratnakara, Bhela Samhita...etc.
- The importance of other Pramanas.

दर्शनन्नेत्रजिह्नदे स्पर्शनन्नाडिकादिभिः प्रश्नहूतादिवचनैः रोगाणां कारणादिभिः

IMPORTANCE OF ASTASTHANA PARIKSHA

- रोगाऋान्त शरीरस्य स्थानान्यष्टौ परीक्षयेत् I नडीमूत्रंमलंजिह्वशब्दस्पर्शदृगाकृति II (Y.R)
- रोगाऋान्त शरीरस्य स्थानान्यष्टौ परीक्षयेत् I नाडीजिह्वामलंमूत्रंत्वचांदन्तनखस्वरान् II (BELA)

नाडी परीक्ष

The special references of <u>nadi parikska</u> will be obtained from....

- Sharngadhara Samhita,
- Nadinjana darpana-Bhudara bhatta
- Yogaratnakara,
- Nadipariksha Shastra Acharya Gangadhara.
- Nadivijnana Acharya Kanada.
- Bhela Samhita.



Imp.of Nadi parikska

Acc to modern, the pulse reveals only the idea about rate and rhythm of heart and about BP and force with which heart is contracting.

But an ayurvedic practitioner can reveal any pathology associated with any systemic diseases.

• Sites of nadi pariksha..

Physician has to examine the pulse of the patient in rt hand by using his rigt hand. (Y.Ratnakara)

In males the rigt hand is used and in females the left hand is to be used because it is best felt in respective hands.....(Sh.Sam.)

नाडीपरीक्षा

वैद्यगुणाः:---

स्थिरचित्तः प्रसन्नात्मा मनसा च विशारदः। स्पृशेदङगुलिभिर्नाडी जानीयाद्दक्षिणे करे।।

श्लो. ४, पृ. १३, नाडीदर्पण-दत्तराम

स्थिरिवतो निरोगश्च सुलासीनः प्रशन्नधीः। नाडीज्ञानसमर्थः स्यादित्याहुः परमर्षय।।

श्लो. १२, पृ. १०, नाडीज्ञानतरंगिणी-रघुनाथ-प्रसाद शर्मा

पीतमद्यश्चंचलात्मा मलमूत्रादिवेगवान् । नाडी ज्ञानेऽसमर्थः स्यालोभाक्रांतश्चकामुकः ॥

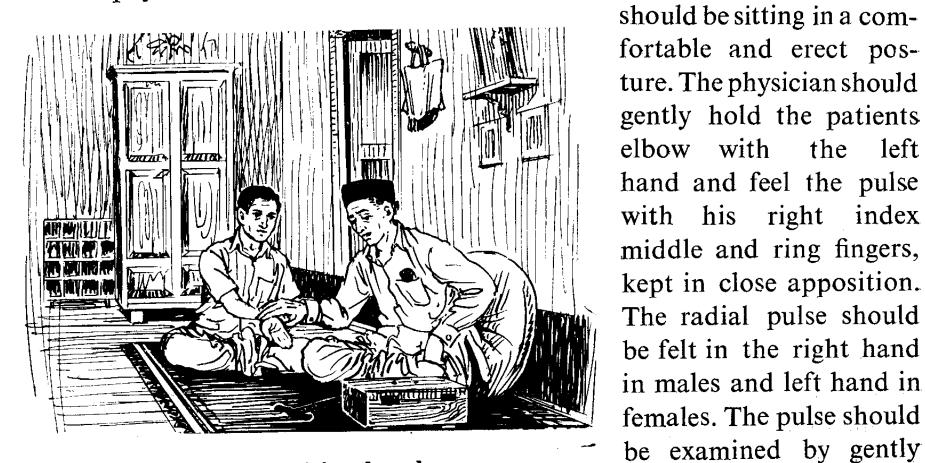
श्लो. १३, पृ. १०, नाडीज्ञानतरंगिणी-रघुनाथप्रसाद शर्मा

अनन्तमादकोऽकामी त्वलोभक्रोधमोहवान्। तथाऽमूत्रदिवेगी च योग्यो नाडीपरीक्षणे॥

पृ. ७०, नाडीपरीक्षाशास्त्र–फणसे

Procedure of Examination of Pulse

The physican should be seated in a comfortable position. The patient



Vaidya examining the pulse

ping and rolling the artery under the fingers. If necessary, one may puncture the artery. He should count 30 impulses. He should reassure the patient and examine the pulse, three times before diagnosing the disease.

palpating, pressing, tap-

features of Nadi.

- There are about 5 crores of nadi of which 24 are palpable among that 8 are used for examination.
 - ✓ जीव नाडी / जीवसाक्षिणी नडी
 - 🗸 गुल्फ नडी
 - ✓ कण्ठ नडी
 - √ नसा नडी
 - ✓ नेत्र नडी
 - ✓ कर्ण नाडी
 - ✓ मेढ्र नाडी

Features of examination..

- ङ संख्या
- ङ गति
- ङ गुण

• संख्या / Number:

According to *nadinjanatarangini* the normal count of 1 pala in diff age group.

1–2 yrs – 56/pala

2–3 yrs – 52/pala.

3–7 yrs – 44/pala

7–14 yrs – 36/pala.

20-30yrs - 32/pala

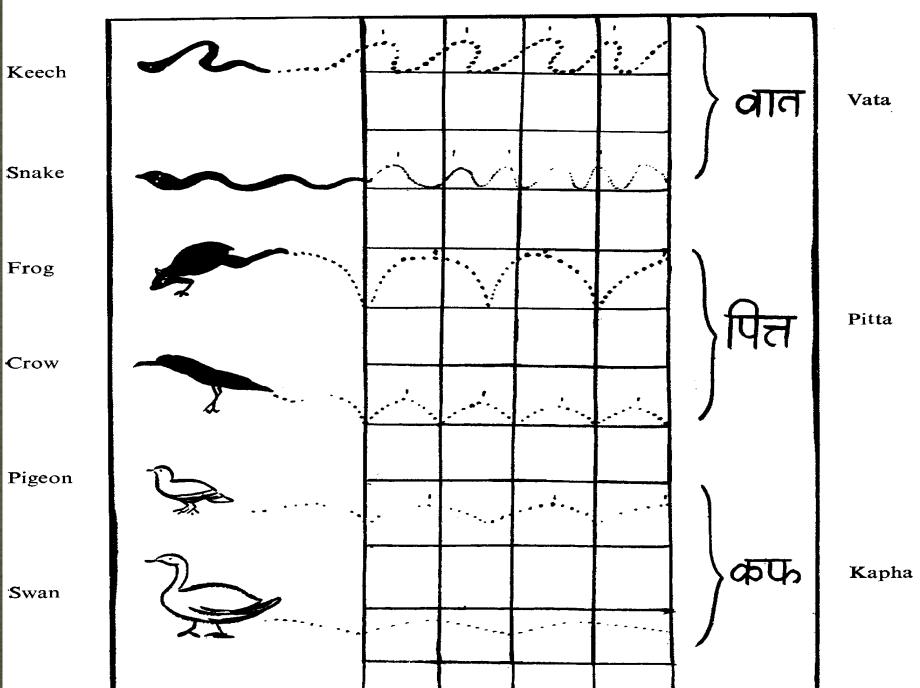
30–50yrs – 30/pala.

50–100yr – 24/pala

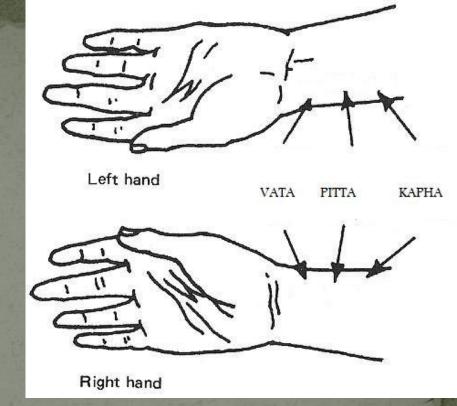
Gati of Nadi.....

- In vata prkopa the gati will be जलौकार्पयोगीति
- In pitta prakopa the gati will be कुलिङ्गकाकमण्डूक
- In kapha prakopa the nadi will be हंसपारवत गतिं
- Nadi acc to the variation in the day

प्रातः श्लेष्मयुतानाडी मध्याह्ने चापि पैत्तिकी। आपराह्ने वातकी च पुनः पित्तिनिशार्धके।।१।। प्. १७६ नाडीपरीक्षा शास्त्र-फणसे, Pulse in Vata-Pitta-Kapha constitution and disease



Pulsation felt in index, middle and right finger signifies vata, pitta and kapha nadis respectively...



Guna of nadi

- Nadis are also described in terms of there qualities as
 - उष्ण
 - शीत

 - मृदु कठिन
 - तनु

Constitution and pulse

Table gives characteristics of pulse in relation to various constitutions.

	Vataja pulse	Pittaja pulse	Kaphaja pulse
Colour of blood vessels	BrownishBluish	Yellowish-Rec	ldish Whitish
Feel of the artery	Neither hot nor cold	Hot	Cold
	Light, Empty tortuous, thin	straight Medium	Hearing, full clear
Best felt under	Index finger	Middle finger	Ring finger
Time in normal person	2-6 a.m.	10 a.m2 a.m.	6-10 a.m.
Rate	Fluctuating pulse	Fast	Slow
Movement resembles that of	Deer, fish Leech, serpent, Tortoise.	Peacock Pigeon, swan, crow sparrow, Frog	Elephant, Buffalow, Sparrow, cock, Pigeon, Horse, Swan, Peacock,

Sanskrit	English	Sanskrit	English
उत्पलवा	Bounding	तीक्ष्ण	Sharp, forcible, strong
उत्फुल्ल (उ	ম্পেল্বা) Expanded, swollen	दीर्घ	of long duration, lasting
उरगगति	A snake, serpent like		long
	motion	दुर्बल	Weak, feeble
उष्ण	Hot	दृढ	Firm
ऋजु	Upright, straight.	द्रुत	Quick, speedy, swift
कंपनशील	Shaking, trembling	धावभान	Flowing, running, advancing
कठिन	Hard, stiff.	निर्मल	clear
कपोतगति	A pigeon or dove like	निश्चल	Immovable, steady, fixed
	motion	परिपूर्ण	Quite full, completely
काकगति	A crowlike motion		filled, self satisfied
कुपित	Excited	परुष	Harsh, rough.
कुक्कुटगति	A cock like motion	पारावत गरि	A pigeon like motion
कुलिंगगति	A sparrow like motion	पिच्छिल	Slimy, slippery
कुटिल	Crooked, bent, curved,	प्लुत (संप्लु	त) Leaping, galloping,
·	tortuous		bounding
ऋर	Hard, rough, strong, hot	पृथुला	Broad, large, wide
कृश	Weak, feeble	बद्धगति	As if motion is bound, tied,
कोटण	Luke warm, tepid		restrained, suppressed
क्षीण	Weak, slender, delicate	बलवित	Strong, powerful
गजगति	An elephant like motion	क्षेत्रमन्त्र क्षेत्रमन्त्र	A frag like metion

An cicphant like monon गतिरोधिनी As if obstructed or hindered गंभीर Deep, difficult to be perceived Heavy, heaving गुरु ग्रंथिरुप Beaded, knotty Circular or wheel like चऋगति movement चंड violent impetuous चंचल Moving, trembling, tremulous Tremulous चपल Motionless, dull जड जलौका (जलुका) गति Leech like motion तंतुल Thready, wiry. Tremulous तरल तितिर गति The francoline partiidge like motion तीव्र Violent

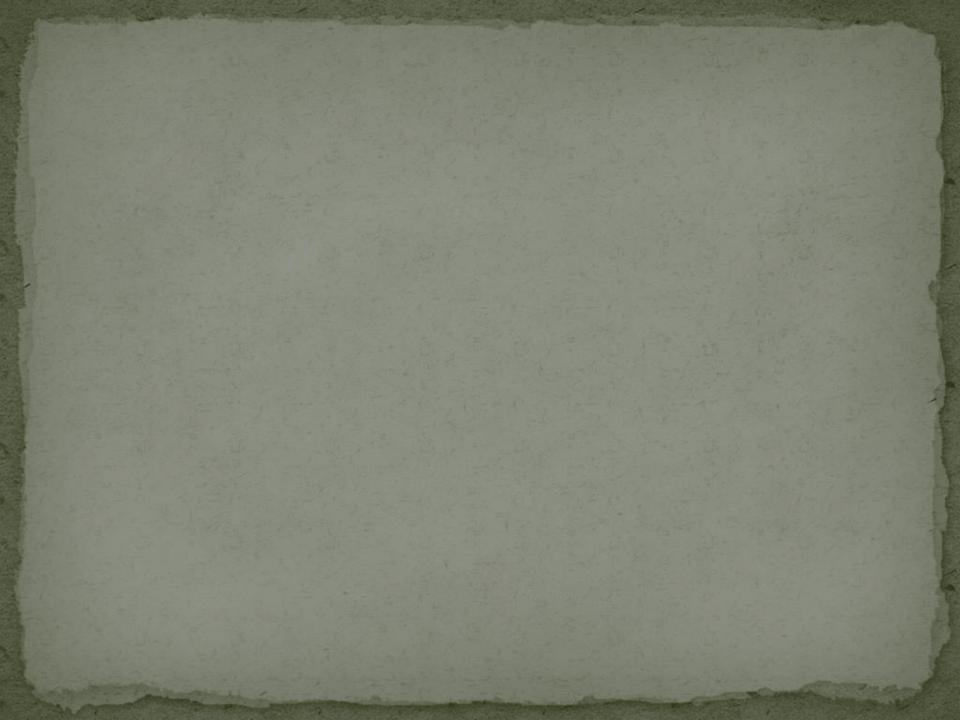
भेकगति A frog like motion भंगगति A large black bee like motion भ्रमरगति A large black bee like motion म्रमिवत Whirling movement, circular movement A frog like motion मंड्रकगति मंथर Slow, deep, bent, curved Slow, weak. मंद मयुर गति A peacock like motion मराल गति A swan, goose like motion मुखनाडी facial artery राजहंस गति A flamingo (white goose with red legs & bill) like motion लावकगति A quail like motion Light, small, short, insig-लघु nificant, weak

वक	Tortuous, curved	सम	Regular
वलयगति	Ring like movement, circular movement	हंसगति	A swan, goose, duck, flamingo like motion
वर्ताकगति	A kind of quail	हयगति	A horse like motion
विकल	Weakened	हरिगति	A frog like motion
विषथगामिर्न	following unusual path	स्तब्ध	Fixed, firm, immovable
विमल	pure, clear	सरल	Upright, straight
विमोचित (विमुंचित)	Release from its normal situation	सर्पगति	A snake or serpent like motion
विलून (विल्	चित) Cut off, lopped off	सुस्थित	In good condition, healthy
विलोल	Tremulous	सुास्यत सुव्यक्त	Clearly visible, clearly
विशद	pure, clear	9044(1	palpable
विशीर्ण	Shrivelled	सूक्ष्म	Minute, small, thin
विशुद्ध	Accurate	सौम्य	Gentle, soft
विषम	Irregular	स्खलित	Slipped, fallen, fluctuating,
विस्फारित	Vibrating, expanded	स्लालत	unsteady, interrupted,
व्याकुल	Agitated, flashing, moving about		stopped
	Loose	स्तिमित	Rigid, motionless
शिथिल शीद्र	Quick, speedy, rapid	स्थिर	Firm, steady, fixed,
राष्ट्र शीत	Cool, cold	स्थुल	Large, bulky
	Dry, shrivelled, empty,	स्निग्ध	Oily, unctuous smooth
शुष्क	unproductive	स्फुटित	Bursting, splitting, made
शंखकनाडी	Temporal artery	, 3, -,,	clear
संकोच	Contraction, shrinking up,	स्पर्शपरीक्षा	Digital examination of
	compression		pulse

Pathological conditions of nadi in various diseasea.

According to Sharngadhara Samhita

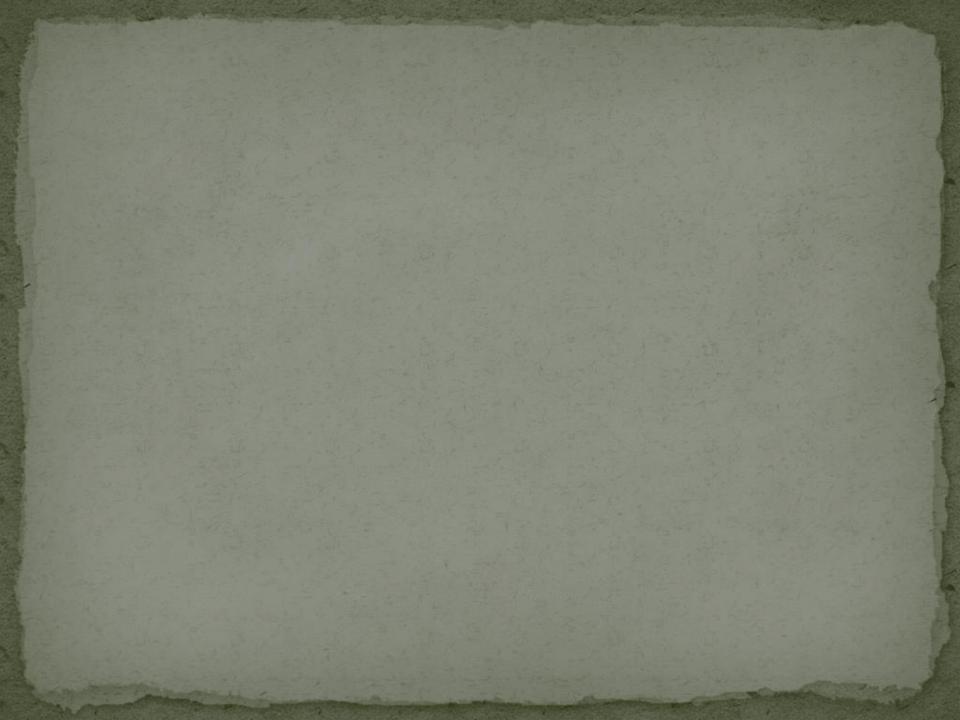
<u>Diseases</u>	Nature of NADI
Jvara kopa	सोष्ण वेगवती भवेत्
Kama and krodha	वेगवती
Kshina Chinta bhaya	मन्द
Mandagni and Kshina dhatu	मन्द and feeble.
अस्रुक्पूर्णा नडी	<u>उब्</u> रा
Samaavastha	गुर्वी and गरीयसि



Conditions	Nature of NADI
• क्षुधा	• प्रसन्न च दूता शीघ्रा
• उपवास	• क्षीणा दुतवाहिनी
• तृष्णा	• शुष्क
• अरोचक	• कृश विशुद्ध चिलत गंभीर
• छर्दि	• विमार्ग परुष
• दीप्ताग्नि	• लख्वी वेगवती
• अगीर्ण	• कठिन प्रसन्न दुत शुद्ध
• अतिसार	• गुर्वी वेगवती(जलौकवत्)
• आनह	• दृढ
• प्लीहावृद्धि 🖁 यकृत् दोष	• सूक्ष्म शुष्काकृति
• गुल्म	• कम्पित पराऋम पारवतस्येव गति
• श्रास	• द्रुतगति स्थिर
• राजयक्ष्म	• ननागति
• हुद्रोग	• मथित दूत निरंग

Condition	Nature of Nadi
• आमवात	• स्फुटित विकम्पिनी पिच्छिल
• पाण्डुरोग	• स्थिर चल तीव्र दृष्ट
• शोणितदोष	• गुर्वी क्षोभ स्फुट स्थूल
• रक्तपित्त	• मन्द कठिन स्थिर
• मूत्रकृच्छ्	• गरीयसि
• मूत्राघात	• मुहुर्भेतं स्फुरणैः
• उपदंश	• स्फुटकुटिल गंभीर
• स्थौल्य	• पिच्छिल मन्दगति रक्तपा समा
• वातरक्त	• स्थिरा निश्चलित ऋर
• प्रमेह	• जटा सूक्ष्म ग्रन्थिरूप
• मेदोरोग	• कफ प्रकोप मन्द
• मूर्छा	• विशीर्णा विस्फुटित
• पानात्यय	• सुक्ष्म कठिन पूरित
• अपस्मार	• क्षीण दुतवाहिनी

Condition	Nature of NADIa
• आक्षेप	• स्थूल वेगगामिनी
• अपतन्त्रक	• वक्त चञ्चल
• दण्डाप्तानका	• वातज गुरु पिच्छिल
• धनुस्तम्भ	• गंभीर
• कफावृत वात	• स्थिर स्फुरण सूक्ष्म दुतगति
• पक्षघात	• शुद्ध् पवनाप्लुत
• पङ्गत्वं	• गतिरोधिनी
• जिह्वास्तंभे	• शुद्ध गुर्वी
• ऊरुस्तंभ	• पिच्छैल वऋ शीत
• गृघ्रसि	• स्थूल मन्दगा वऋगामिनी
• खल्ली	• स्तब्धता ऋर



मूत्र परीक्ष

- It is the second pariksha (examination), which has been mentioned in ashth vidh pariksha mentioned in Yoga ratnakara.
- It is a type of examination by which body's physiology can easily be known.
- The disturbance in body can easily be judge by simple observation of the colour, quantity, consistency or density, odour, deposits etc. of urine.

दोषानुसारि प्रकुपित मूत्र लक्षण

- वातप्रकोप वाते च <u>पाण्डुरं</u> (Pale)
- पित्तप्रकोप रक्तं वर्णं भवेत्पित्ते
- कफप्रकोप मूत्रं सफेनं कफरोगिणः (Frothy)
- द्वन्द्वज एवं त्रिदोषज सन्निपाते च कृष्णं स्यादेतन्मूत्रस्य लक्षणं

तैलिबन्द परीक्ष

- testing urine by dropping a drop of oil on the surface of the urine.
- If the tila taila drop spreads towards purva (east) indicates good prognosis.
- If the drop spreads to *dakshina* (South) it indicate the person is suffering from fever.
- If the drop spread towards *uttara* (north) definitely the patient is going to free from diseases.
- If the tail drops attain shape like that of man or appearance of two brain signifies that he is suffering from *bhuta dosha*.

- If the taila drops attains round shape it indicates the *vata vitiation*.
- If it is pointed there will be the vitiation of *Kapha*.
- If there is bubbles,,,, it indicates *Pitta* vitiation.

Condition	Nature of Urine
• उदक मेह	Transparent, white, cold, odorless, watery
• इक्षु मेह	Sweet ,viscous, turbid
• सान्द्र मेह	Dense deposition of precipitate.
• सान्द्र प्रसाद मेह	Partially clear and prcipitated
• शुक्ल मेह	White like flour
• शीत मेह	Madhura and Setha wt bahumutrata.
• सिकत मेह	Small particls in urine
• रानै मेह	Urine passes wt difficlty & little qntyty
• आलाल मेह	Like thread frothy and saliva like.
• क्षार मेह	Smell colour taste like alkalies
• काल मेह	Large qnty of black urine
• नील मेह	Urine become sour taste and blue colour
• रक्त मेह	Red and saline taste smell that of raw fish
• मञ्जिष्ट मेह	Smell decotion of Manjistha & fleshy

• हरिद्रा मेह	Colour that of haridra & pungent taste
• वसामेह	Frequently passes urine& smell like vasa
• मज्जमेह	Frequently passes urine& smell like majja
• हस्ति मेह	Large qnty of urine
• मधु मेह	Pale colour and sweet & astringent taste
• अच्छ मेह	Turbid and precipitated urine
• Purishaja anaha	मूत्राबाध
• Ashmari	मृत्र सङ्ग
 Astila, Gudageda vata,mutraghata,Sarkara 	मूत्रावरोध
• Gulma, kaphaja Arsha	मूत्रकुछ्
• vataja arsha, vataja pandu, svarabheda	कृष्ण मूत्रत
• lavana mutrata, rakttameha	लवण मूत्रत
 vataja ashmari, vata kundalika 	अल्पमूत्रत

• Ikshuvaalika meha, Kshaudrameha	•मधुर मूत्रत
•Vataja ashmari, pitaja mutrakrichra,	• मुहुर्मुहुर्मूत्रप्रवृत्ति
• lalameha, udakameha	•पिछिल मूत्रत
• kamala,mutrasaada,pitaja pandu.	•पीतमूत्रत
• Prvruddha Amavata,Prameha lakshana	•प्रभूत मूत्रत
• ashmari, Mutrakshya, vatakundalika	•सरुज मूत्रत
• mutrasada, kaphaja pandu	•शुक्लमूत्रत
• rakta meha	•विस्र मूत्रत
• kaamala	•रक्तपीत मूत्रत
• adhoga raktapitta ushnavata	•सरक्त मूत्रत
• gudagedavata, ashmari	•शर्कर

मलपरीक्ष

- It is one of the important parts of the ashth vidh pariksha. The examination of the mala (stools) is done in order to indicate the abnormality the dosha i.e. vata, pitta and kapha. It is important means of generating prognosis of a disease.
- In case of digestive imbalance mala or the stool will of foul smell, it is cold to touch and is spitted into small pieces.
- Jalodara (ascitis), the stool may be white to shy colour and foul smells.

- If the mala is extremely offensive in smell and there is presence of shine in it then it is projecting incurability sign.
- If the stool is krishn (black) colour in appearance or if it very clear or (haridra) very yellow in appearance or is atiushan (very hot) signifies evil and impedes death.
- If the stool or mal is like that of honey, pus or fleshy, alkali and contains water in excess, possess different colors or is accompanied with putrefying smell then it indicates the disease in incurable.
- If the mala is put into a tumbler full of the water, if it floats on it more that 10 minutes then the person is diseased with vata disorder, if the mala sinks immediately and is of slimy nature then it is kapha dominant and is ama (toxic) affected. If it splits into pieces when put into water and is of dark yellow in texture then it is affected by pitta dosha

Nature of mala	Condition
Ama purisha	Vataja atisara, vataja grahani, sangraha grahani.
Aruna purisha	Atisara asadhya lakshna, vataja grahani, sangraha grahani.
Badha purisha	Agirna lakshna, Vistabdhaagerna, Alasaka, Prvruddha amavata, Purishaja aanaha, Arsha purvarupa, Vataja arsha, vataja Ashtila, Atisara purvarupa, vatajajvara, Mahasvasa, Udararoga lakshna, Purishaja udavarta, Vataja udavarta, Kostagata vata,Vtavyadhi Upadrava,Pandu Asadhya lakshna
Bahu purishata	Atisara, Atisara asadhya lakshna, Sngrhagrahani.
Drava Purisha	Pittja Arsha, Vataja Grahani, Pittaja Grahani,
Ghana purisha, Grathita Purisha	Sangrahani, vataja Arsha

Harita purisha	Halimaka
Krishna Purisha	Kmala Asadhya lakshna
Lohita purisha	Pittaja Atisaara
Nila purisha	Atisara asadhya lakshna, pittaja atisara, pittaja Arsha, pittaja Grahani
Phenila purisha	Vataja Arsha, vataja Atisara, vataja Grahani
Pichila Purisha	Kaphaja Arshas, Sangrahani
Pita purishata	Pittaja Arsha, pittaja Atisara, pittaja Grahanai, Halimaka kamala Asaadhya lakshna, pittaja Murcha, Pittaja Pandu
Rakta pita Purisha	Kamala

Sakapha purisha	Mrdbhakshanajanya Pandu, Pandu asadhya lakshna
Sasabda purisha	Kaphaja Atisara, Vataja Grahani.
Sasrk Purisha	Pittaja arsha, kamala Asadhya lakshna,
Sita purisha	Kaphaja atisara, Sangrahagrahani.
Snigdha Purisha	Atisara Asadhya lakshna, sannipataja Grahani.
Stoka purisha	Vataja Arsha
Sukla purisha	Kaphaja Atisara
Suska purisha	Udavarta, vataja grahani

जिह्वा परीक्ष

- In vata dominance taste becomes indefinite or kashaya
- In pitta dominance taste becomes tikta and sometimes it become katu
- Kapha dominance the taste becomes some what sweet and some times there is hint of lavan rasa.
- जिह्वाशीतखरस्पर्शा स्फुटिता मारुतेऽधिके रक्ता श्यामा भवेत्पित्ता कफे शुभ्राऽतिपिच्छिला

Condition of the Jihva	<u>Disorder</u>
Atijihva (Macroglossia)	Madaatyaa Asadhya laksana
Jihvalepa	Amlapitta
Nila jihva	Daaha
Jihva nishkarshya	Daaha
Jihva Sosha	Trushna
Sthambhna	Jihvashambha
Jihva vepana	Prameha Purvarupa

शब्द परीक्ष

• Charak has mentioned that voices varies from person to person and is different in different individual. It has been seen that after careful observation we can compare voice of people with sounds produced by hansa, croucha nemi, dundubhi, kaaka, kapota.

• गुरुस्वरे भवेश्लेष्मा स्फुटवक्ता च पित्तला उभाभ्यं रहितो वातः स्वरतश्चैव लक्षयेत्

The Srotrendriya pariksha has been included in Sadvidhapariksha

Nature of Sabda	Condition
Svara bheda	Pandu upadrava, Ardita, Kshataja kasa, Kshyaja kasa, Ardita, Kusta Asadhya Lakshna. Kusta Samanya lakshna, Rajayakshma, Vishaja unmada.
Svara Kshya	Vataja Kasa
Paravata iva kujan	Kshataja Kasa
Bhinna kamsya svara	Kasa
Svaropaghata	Vataja pratisyaya
Alpa Svara	Kaphonmada, Pandu.

Nature of Svara	Conditions
Vaak Sthambha	Ardita, Pakshaghata.
	Sannipatika jvara,
Pralapa	Antarvegi jvara,
	Chinna Svasa, Yamala Hikka, Ajerna
	Upadrava, Bahirvegi jvara, Vata vyadhi
	purvarupa, Atisara Asadhya lakshana

स्पर्श परीक्ष

• पित्त रोगिभवेदुष्णो वातरोगी च शीतला शलेष्मलः स भवेदार्द्र स्पर्शतश्चेव लक्षयेत्

Condition	Disorder
Dugha Sparsha	Kshtaja kasa
Sparshajnatvam	Kusta purvarupa
Bahalam hasticharmavat	Charmaghya Kusta
Kinihara Sparsha	Kitipha kusta
Sparshaasaham	Charmadala.

दुक् परीक्ष

- Signs and symptoms in eye due to Vata disorders
 - Dumra –Smoky
 - Nila blue
 - Ruksha dry
 - Canchala unsteady
 - Raudra terifying look.
- Signs and symptoms in eye due to Pitta disorders.
 - -Aruna
 - Haridra
 - Rakta
 - Malina
 - Prabha
 - Dahayukta

• Signs and symptoms in eye due to kapha disorder.

Svetha

Dhavala

Kanduyukta

Jyothihena

Sthira

Plutha

Conditions	Disorder
•Haridra netrata	Pittaja Arsha Kamala
•Natra hundana	Vata vyadhi Purvarupa
•Akshi kuta Sotha	Amajerna, Mrudbhakshnajanya Pandu, Kaphaja Sirasola
•Akshi raga	Raktaja Abhishyanda, kamala

•Vibhranta lochna	Maha svasa
•Raktaika lochanna	Chinna Svasa
•Akshno Svayathu	Arsha
•Syavaruna nayana	Udara
•Sveta pita Lochana	Pandu
•Pita netrata	Kamala Pittaja jvara Pittaja pandu
•Ruksha Netra	Vataja Pandu



- This is an important physical examination of the patient. Many important things get reviled by mere looking to the patient.
- He must be observed when he lies down on bed, in standing position and while he is walking.
- The general condition of his health and build, the way of his dressing up and the behavior is all very important.

Condition	<u>Disorder</u>
• anguli vaktrata	vata rakta Asadhya lakshana
• Asinolabhate saughyam	Tamaka Shvasa
• Aayamyate deha	Hikka Asadhya lakshana
• Balakshaya	Asthigata vata ,Grahani Purvarupa, Halimaka, Vataja Kasa, Majjageta vata, Rajayekshma, Raktaja Arsha, Udara asadhya lakshna, Urakshata.
• bhagna	Vatavyadhi upadrava
•Bhru Shunata	Mrdbhakshna janya Pandu
•Deha vakrata	Grdhrasy
•Griva graha	Tamaka Svasa
•Griva kanmpa	Yamala hikka

<u>Kampa</u>		
Karshya		

ap Va Sā A la Ka

pasmara, vataja Asmari, Yamala Hikka,
ataja jvara, Kampavata, Panatyaya
Ipadrava, Vataja Pandu, vataja
rameha, Urusthambha Asadhya
aksana,
atarakta Asadhya lakshna,
arvangavata
rdita, vata Vruddhi, Atisara Asadhya
akshna, Chardi Asadhya,
taja Grahani Dosa, Asadhya Hikka,
aphaja jvara, raktagata vata,
ataja Unmada,
hinna Svasa, Urakshata, Rajayakshma,

Snavugatavata, vatavvadhi

Vataja amlapitta, Ananthavaata ,vataja

<u>Conclusion</u>,,,,,,,,,,,

परीक्षां करयेत् वैद्यः पश्चात् रोगं चिकित्सयेत् I

नड्यमूत्रामलंजिह्वाया लक्षणं यो न विन्दति I मरत्याशु वै जन्तु स वैद्यो न यशो भवेत् II

